**Everyone needs nurturing regardless of their age or gender. We all need to nurture others and to be nurtured.**

**What is nurturing?**

Nurturing is the process of caring for and encouraging the growth of someone. It is a never-ending circular process.

1. Information – Gather information, start processing the information.
2. Educate – Learn how to use the information.
3. Involve – Become involved in using the information.
4. Validate – We need to be validated that the information we are using and the way that we are using it is appropriate and its helping somebody else.
5. Convert – The person being nurtured needs to be converted to the information. The information becomes a part of our life.
6. Keep Alive – The information helps keep us alive.

**What is mentoring?**

* Involves helping people, training, and advising them how to use the information. A mentor is someone you learn from.
* Involvement and validation part of nurturing.
* See value in somebody, take them along beside you, and try to help grow them for the Kingdom of God.

**A mentor is:**

* Adviser
* Friend
* Tutor
* Teacher
* Coach
* Guide

**Pinch points that cause people to crack:**

* Discouragement
* Lack of integration
* Lifestyle crisis
* Leadership failures

**How did Jesus make disciples?**

Mark 3: 13-19; Matthew 11: 28-30

The best thing you can do is speak to someone personally and become involved in their life. Show them that you value them and think they are important. Start working with them and growing their involvement in the church.

“Teach others to teach others to teach others.”

2 Timothy 2:2

**We need to teach Christians:**

* How to learn the fundamentals of the church.
* How to live the Christian life
* How to understand Bible
* How to pray
* How to deal with temptation
* How to fellowship
* How to work
* How to resolve conflict

**The Nurturing Lifestyle:**

Nurture, be nurtured, nurture some more.